

New Constellations & Trauma Training!

Healing Traumatized Hearts

Beginning Jan 7 & 8, 2012

Six months: Jan 7-8, Feb 4-5, Mar 3-4, Apr 14-15, May 26-27, June 23-24

The Wisdom of Relational Constellations

• Honor the Past • Live in the Present • Build the Future

Medicine for the Soul - An Educational Relational Constellation Program

Facilitated by Dr. Dyrian Benz-Chartrand, & JoAnna Chartrand-Benz

Relational Constellation Institute of California, Santa Barbara, CA



- Somatic Experiencing Trauma Work
- Developmental Trauma, Relational Trauma & Incidental Trauma
- Relational Somatic Psychology: Self-Regulation & Co-Regulation
- Resourcing, Titrating, Resiliency, Biological Completion, Attunement
 - Avoid Retraumatization, Trauma structural constellations
 - Support the Creation of new Healthy Neural Pathways

Location: Family Therapy Institute: 111 E. Arrellaga St, **Santa Barbara, 93101**

Learning Program Participant Fee: \$400. Per weekend. \$2,300 paid in full by Dec 1.

Cancellation fee: \$100.00, No refunds after first weekend.

Send Payment to: JoAnna Chartrand, 333 Old Mill Rd., Santa Barbara, CA, 93110.

Times: for Learning Program Participant: Sat. 9:30-5 & Sun. 9:30 to 4pm

NEW 6 month Constellations & Trauma Specialty Training!

Healing Traumatized Hearts:

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In looking at trauma, we are looking at loss of connection, connection to ourselves, to our family soul, to our surroundings and to embodied presence.

To Reserve contact JoAnna: joannachartrand@gmail.com • 805-563-0558

For More Information: www.essentialolutions.info